



## ***Safety at College***

CAREGIVER #1:

I was nervous, I worry too much.

CAREGIVER #2:

But I felt much better after we talked.

CAREGIVER #1:

I worry too much.

CAREGIVER #3:

I talked with him about being safe.

CAREGIVER #3:

I made sure he knew where the emergency phones were.

CAREGIVER #4:

...and to walk with a group and to stay in well-lit areas.

CAREGIVER #2:

I told him to always carry his cell phone.

CAREGIVER #5:

He signed up for texts with important school safety information.

CAREGIVER #1:

I told him 'Keep your dorm room locked!'

CAREGIVER #2:

...no matter what time of day!

CAREGIVER #4

I made sure she knew who she was letting in to her room...

CAREGIVER #5:

before he opened the door.

CAREGIVER #3:

I remember being that age...

CAREGIVER #2:

...and we talked about not drinking before he was 21.

CAREGIVER #1:

I told her to never leave a drink unattended at a party.

CAREGIVER #3:

Now we both have peace of mind.

NARRATOR:

When students head off to college, they have a lot of things on their mind. Safety probably isn't one of them.

Accidents and crimes do happen on college campuses, but there are things your child can do to protect themselves.

Depending on what college your child attends, it may require a lot of walking on campus. They must always be cautious and aware of their surroundings and avoid walking alone. They should stay in well-lit areas and keep a cell phone handy in case they need to dial 9-1-1. Many colleges also have emergency phones located on campus to quickly contact security. Be sure they know where these are.

To help them feel safe in their dorm room, remind your child to always lock the door, no matter what time of day it is. Of course they shouldn't open the door to someone they don't know. Remind them to avoid leaving notes on an exterior door or where anybody walking by could see them – only trusted friends and family should know where to find your child.

Also, if the school has safety messages they send to cellphones, be sure your child is signed up to receive them.

College life often includes going to some parties. Make sure your child knows to never attend a party by themselves; always go with a group of people they know. And wherever they are at, encourage them to understand their surroundings and how they will leave safely.

Underage drinking is illegal, so they should avoid it. But no matter what they are drinking, they need to watch it at all times to make sure no one drops a drug in it. And if they are old enough to drink alcohol, remind them to drink responsibly. Remember the first thing to become impacted is common sense and it is too easy to become a victim of sexual assault or get into trouble. Being safe on campus isn't hard; it just takes some common sense. As long as your child stays alert and knows how to seek help, you can trust that they will be safe.

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[ndus.edu](http://ndus.edu)

[nd-can.com](http://nd-can.com)

[aihec.org](http://aihec.org)

[college.gov](http://college.gov)

Pay for College

[fafsa.gov](http://fafsa.gov)  
[nd-can.com](http://nd-can.com)  
[studentaid.ed.gov](http://studentaid.ed.gov)

Prepare for College

[nd-can.com](http://nd-can.com)  
[actstudent.org](http://actstudent.org)  
[collegeboard.org](http://collegeboard.org)

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